



Join Us

FOR THE 2ND ANNUAL

## Faribault Foods Fall Frolic!

October 13th  
10:00 am

- **5K Walk/Run** begins/ends at **Two Rivers Health Care** (1819 2nd Ave. NW).  
– *This is a casual, untimed event designed for everyone's enjoyment.*
- **FREE** event open to the public.
- We invite participants to **donate a canned good**. FF will **match** all canned food donations.  
– *All donations will be given to the local food shelf.*
- We'll offer **water** and a **healthy snack** the day of the walk.
- Join us afterwards at the **Faribault Fall Festival** on Central Avenue where we will be participating in the **Chili Contest**.

Thank you to our co-sponsors:



A part of the Faribault Fall Festival



**No need to sign up in advance! Just show up to the event to participate.**