

SINCE 1896



PINQUITO BEANS

WITH ONION & CUMIN

Burritos,
Chili,
Side Dish

NET WT
15 OZ (425g)

SERVING
SUGGESTION



THE RECIPE COLLECTION BY S&W®

Enjoy a line of unique, fully seasoned bean recipes that combine beans with international flavors. Perfect for your favorite recipes, a flavorful side dish or over rice for a nutritious and convenient entrée.

Nutrition Facts

Serving Size 1/2 cup (130g)
Servings Per Container about 3 1/2

Amount/Serving
Calories 110 Calories from Fat 5

		% Daily Value*
Total Fat	0.5g	1%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	490mg	20%
Total Carbohydrate	20g	7%
Dietary Fiber	6g	24%
Sugars	2g	

Protein 6g

Vitamin A 2% • Vitamin C 0%
Calcium 6% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet.

SERVING SUGGESTIONS

- Delicious alternative to baked beans
 - Adds flavor to burritos
- Gives chili a Southwestern flair
- For full flavor, do not drain beans

For recipes and more, go to WWW.SWBEANS.COM

INGREDIENTS: PREPARED SMALL PINQUITO BEANS, WATER, SALT, SUGAR, GROUND CHILI PEPPERS, DEHYDRATED ONIONS, CUMIN, DEHYDRATED GARLIC, CALCIUM DISODIUM EDTA (TO PROTECT COLOR), CAYENNE PEPPER, CALCIUM CHLORIDE.

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Please direct any comments to our Consumer Affairs Department and include the code on the can end with your communication.

Refrigerate any unused portion in a separate, covered container.

