

MRS. GRIMES



White KIDNEY BEANS

**HIGH
FIBER**
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NET WT 15 OZ (425g)

Serving
Suggestion

Nutrition Facts

Serving Size ½ cup (130g)

Servings Per Container about 3.5

Amount Per Serving

Calories 110 Calories from Fat 10

% Daily Value*

Total Fat 1g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 410mg **17%**

Total Carbohydrate 18g **6%**

Dietary Fiber 6g **24%**

Sugars 1g

Protein 7g

Vitamin A 0% • Vitamin C 0%

Calcium 6% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: PREPARED WHITE KIDNEY BEANS, WATER, SALT, SUGAR, CALCIUM CHLORIDE, DISODIUM EDTA (FOR COLOR RETENTION).

DISTRIBUTED BY:

MRS. GRIMES, DIVISION OF FARIBAULT FOODS, INC.
1819 2ND AVE NW, FARIBAULT, MN 55021-3035
www.faribaultfoods.com

Discover the delicious possibilities of Mrs. Grimes® beans! Use our beans in soups, stews, salads and dips or make a tasty sauce to pour over chicken and meat. Follow our serving suggestions or be creative with your own ideas. For an easy accompaniment to any meal, simply season with your favorite herbs, spices and condiments or try one of the delicious recipes on every Mrs. Grimes product! Mrs. Grimes.

We are very interested in any comments from our customers. If you would like additional suggestions or have product information questions, send the code on the can end to Mrs. Grimes Consumer Affairs Department.

Directions: Heat; season to taste; serve.

For Microwave: Empty contents into microwaveable dish; cover and heat 2-3 minutes.

Serving Suggestions:

For three bean salad, combine kidney, garbanzo and green beans. Serve cold with chopped onion, oil and vinegar for a hearty salad.

MRS. GRIMES PROOF OF PURCHASE
15 OZ. WHITE KIDNEY BEANS



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