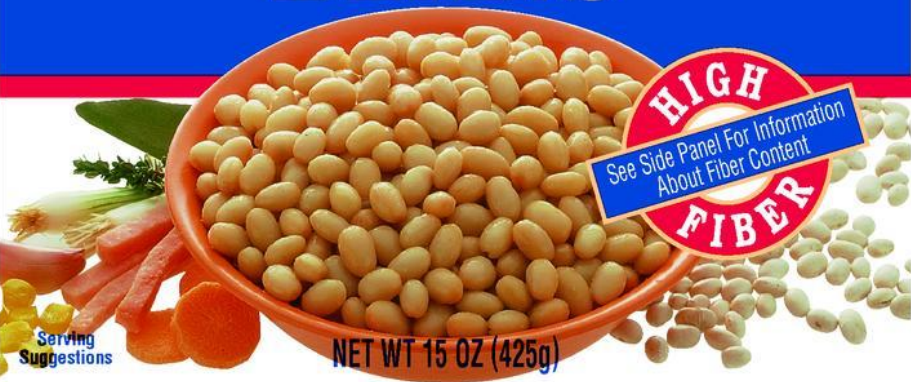




Old Fashioned
NAVY BEANS



NET WT 15 OZ (425g)

Discover the delicious possibilities of Mrs. Grimes® beans! Use our beans in soups, stews, salads and dips or make a tasty sauce to pour over chicken and meat. Follow our serving suggestions or be creative with your own ideas. For an easy accompaniment to any meal, simply season with your favorite herbs, spices and condiments or try one of the delicious recipes on every Mrs. Grimes product! Mrs. Grimes

Directions: Heat; season to taste; serve.

For Microwave: Empty contents into microwaveable dish; cover and heat 2-3 minutes.

Serving Suggestion: Makes a quick bean soup with leftover ham and seasonings.

Nutrition Facts

Serving Size 1/2 Cup (130g)
Servings About 3.5

Calories 110
Fat Cal. 10

*Percent Daily Values (DV) are based on a 2,000-calorie diet.

Amount/Serving	% DV*	Amount/Serving	% DV*
Total Fat 1g	2%	Total Carb. 20g	7%
Sat. Fat 0g	0%	Fiber 7g	28%
Trans Fat 0g		Sugars 1g	
Cholest. 0mg	0%	Protein 7g	
Sodium 290mg	12%		
Vitamin A 0% • Vitamin C 2% • Calcium 8% • Iron 10%			

INGREDIENTS: NAVY BEANS, WATER, SALT AND CALCIUM CHLORIDE.

We are very interested in any comments from our customers. If you would like additional suggestions or have product information questions, send the code on the can end to Mrs. Grimes Consumer Affairs Department.

DISTRIBUTED BY:
MRS. GRIMES, DIVISION OF FARIBAULT FOODS, INC.
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www.faribaultfoods.com

MRS. GRIMES PROOF OF PURCHASE
15 OZ. NAVY BEANS

