



# BUTTER BEANS



**HIGH FIBER**  
See Side Panel For Information About Fiber Content

NET WT 15 OZ (425g)

*Discover the delicious possibilities of Mrs. Grimes® beans! Use our beans in soups, stews, salads and dips or make a tasty sauce to pour over chicken and meat. Follow our serving suggestions or be creative with your own ideas. For an easy accompaniment to any meal, simply season with your favorite herbs, spices and condiments or try one of the delicious recipes on every Mrs. Grimes product! Mrs. Grimes*

**Directions:** Heat; season to taste; serve.

**For Microwave:** Empty contents into microwaveable dish; cover and heat 2-3 minutes.

**Serving Suggestions:**

For a thicker, richer vegetable soup or stew add mashed butter beans. Combine with sliced fresh mushrooms and a creamy dill dressing for a tasty, nutritious salad.

Heat with your favorite barbecue sauce for a spicy side dish. Add to a can of stewed tomatoes and a large stalk of chopped celery for creole butter beans.

## Nutrition Facts

Serving Size 1/2 Cup (130g)  
Servings About 3.5

Calories 100  
Fat Cal. 10

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/Serving	% DV*	Amount/Serving	% DV*
Total Fat 1g	2%	Total Carb. 19g	6%
Sat. Fat 0g	0%	Fiber 7g	28%
Trans Fat 0g		Sugars 1g	
Cholest. 0mg	0%	Protein 5g	
Sodium 380mg	16%		

Vitamin A 0% • Vitamin C 0% • Calcium 4% • Iron 8%

**INGREDIENTS:** PREPARED LIMA BEANS, WATER, SALT, CALCIUM CHLORIDE, CALCIUM DISODIUM EDTA (FOR COLOR RETENTION).

We are very interested in any comments from our customers. If you would like additional suggestions or have product information questions, send the code on the can end to Mrs. Grimes Consumer Affairs Department.

**DISTRIBUTED BY:**  
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MRS. GRIMES PROOF OF PURCHASE  
15 OZ. BUTTER BEANS



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Serving Suggestions