

Kuner's

SERVING COLORADO SINCE 1864

Garbanzo Beans

Chick Peas

HIGH FIBER

See Side Panel for Information About Fiber Content

NET WT 15 OZ (425g)

Serving Suggestion



Kuner's

ESTABLISHED IN COLORADO SINCE 1864

Max Kumer, a Bavarian watchmaker who fought in the Civil War, moved to Colorado to found the Kumer Pickle Company in 1864. By 1901 he had built a mustard mill, bean kitchen, and vinegar factory. His natural, old world flavors and seasonings continue to this day.



Garbanzo Beans

Nutrition Facts

Serv. Size 1/2 cup (130g)

Servings about 3 1/2

Calories 110

Fat Cal. 15

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/Serving	% DV*	Amount/Serving	% DV*
Total Fat 1.5g	2%	Total Carb. 17g	6%
Sat. Fat 0g	0%	Fiber 6g	24%
Trans Fat 0g		Sugars 1g	
Cholest. 0mg	0%	Protein 6g	
Sodium 360mg	15%		

Vitamin A 0% • Vitamin C 0% • Calcium 4% • Iron 8%

INGREDIENTS: PREPARED GARBANZO BEANS, WATER, SALT, DISODIUM EDTA AND SODIUM BISULFITE (FOR COLOR RETENTION).

DISTRIBUTED BY:
KUNER-EMPSON
DIVISION OF FARIBAULT FOODS, INC.
128 NW 15TH STREET
FARIBAULT, MN 55021-3037
www.faribaultfoods.com

DIRECTIONS: HEAT; SEASON TO TASTE; SERVE.

FOR MICROWAVE: EMPTY CONTENTS INTO GLASS OR CERAMIC DISH; COVER AND HEAT 2-3 MINUTES.

SERVING SUGGESTION: TRY KUNER'S GARBANZO BEANS IN YOUR FAVORITE SALAD FOR A TASTY ADDITION.

We are very interested in any comments from our customers. If you would like additional suggestions or have product information questions, send the code on the can end to Kuner's Consumer Affairs Department.

KUNER PROOF OF PURCHASE
15 OZ GARBANZO BEANS



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