

Kuner's

SERVING COLORADO SINCE 1864

Navy Beans



HIGH FIBER

See Side Panel for Information About Fiber Content

NET WT 15 OZ (425g)

Serving Suggestion

Kuner's

SERVING COLORADO SINCE 1864

Max Kuner, a Bavarian watchmaker who fought in the Civil War, moved to Colorado to found the Kuner Pickle Company in 1864. By 1901 he had built a mustard mill, bean kitchen, and vinegar factory. His natural, old world flavors and seasonings continue to this day.



Navy Beans

Nutrition Facts

Serv. Size 1/2 cup (130g)

Servings about 3 1/2

Calories 110

Fat Cal. 10

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/Serving	% DV*	Amount/Serving	% DV*
Total Fat 1g	2%	Total Carb. 20g	7%
Sat. Fat 0g	0%	Fiber 7g	28%
Trans Fat 0g		Sugars 1g	
Cholest. 0mg	0%	Protein 7g	
Sodium 290mg	12%		
Vitamin A 0% • Vitamin C 2% • Calcium 8% • Iron 10%			

INGREDIENTS: NAVY BEANS, WATER, SALT, CALCIUM CHLORIDE.

We are very interested in any comments from our customers. If you would like additional suggestions or have product information questions, send the code on the can end to Kuner's Consumer Affairs Department.

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www.faribautfoods.com

KUNER PROOF OF PURCHASE
15 OZ NAVY BEANS

DIRECTIONS: HEAT; SEASON TO TASTE; SERVE.

FOR MICROWAVE: EMPTY CONTENTS INTO GLASS OR CERAMIC DISH; COVER AND HEAT 2-3 MINUTES.

SERVING SUGGESTION: MAKE A QUICK BEAN SOUP WITH LEFTOVER HAM AND SEASONINGS.



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