

Kuner's

SERVING COLORADO SINCE 1864

Dark Red Kidney Beans

HIGH FIBER

See Side Panel for
Information About
Fiber Content

NET WT 15 OZ (425g)

Serving
Suggestion

Kuner's

SERVING COLORADO SINCE 1864

Max Kuner, a Bavarian watchmaker who fought in the Civil War, moved to Colorado to found the Kuner Pickle Company in 1864. By 1901 he had built a mustard mill, bean kitchen, and vinegar factory. His natural, old world flavors and seasonings continue to this day.



Dark Red Kidney Beans

Nutrition Facts

Serv. Size 1/2 cup (130g)

Servings about 3 1/2

Calories 120

Fat Cal. 10

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/Serving	% DV*	Amount/Serving	% DV*
Total Fat 1g	2%	Total Carb. 20g	7%
Sat. Fat 0g	0%	Fiber 7g	28%
Trans Fat 0g		Sugars 1g	
Cholest. 0mg	0%	Protein 7g	
Sodium 430mg	18%		
Vitamin A 0% • Vitamin C 2% • Calcium 6% • Iron 10%			

INGREDIENTS: PREPARED DARK RED KIDNEY BEANS, WATER, SUGAR, SALT, SPICE.

DISTRIBUTED BY: KUNER-EMPSON
DIVISION OF FARIBAULT FOODS, INC.
128 NW 15TH STREET, FARIBAULT, MN 55021-3037
www.faribaultfoods.com

DIRECTIONS: HEAT; SEASON TO TASTE; SERVE.

FOR MICROWAVE: EMPTY CONTENTS INTO GLASS OR CERAMIC DISH; COVER AND HEAT 2-3 MINUTES.

SERVING SUGGESTION: FOR A QUICK CASSEROLE - ADD BROWNED HAMBURGER, CHOPPED ONION, GREEN PEPPER AND COOKED RICE. FOR A SELECTION OF CHILI RECIPES, PLEASE CONTACT KUNER'S CONSUMER AFFAIRS DEPARTMENT.

We are very interested in any comments from our customers. If you would like additional suggestions or have product information questions, send the code on the can end to Kuner's Consumer Affairs Department.

KUNER PROOF OF PURCHASE
15 OZ KIDNEY BEANS



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