

# Kuner's

OF COLORADO

## SOUTHWESTERN CORN 'N PEPPERS with Extra Crispy Corn

SOUPS • CORNBREAD • SALADS

NET WT 15 OZ (425g)

Serving  
Suggestion

PLEASE  
RECYCLE

STEEL

Southwestern cooking is a celebration of flavors: Mexican, Native American, Hispanic, Tex-Mex. It's smoky barbecues, slow cooked chili, warm tortillas, roasted corn, spicy beans, and plenty of chiles. Wily as the coyote, surprising as the desert flower, this food is robust, earthy and alive. Now Kuner's brings the taste of the Southwest to you.

### -SOUTHWESTERN- CORN 'N PEPPERS with Extra Crispy Corn

Crunchy supersweet corn, no sugar added, naturally sweet, combined with bell peppers; makes a colorful, delicious addition to corn bread, casseroles, salads. Served as a side dish, it's a Southwestern classic.

#### Serving Suggestions:

- For a quick **Chili Casserole**, combine 1 can Corn & Peppers (drained), 1 can Kuner's Southwestern Picante Beans, and 1 lb. hamburger (cooked & drained). Top with 1 cup shredded Cheddar cheese combined with 1 cup crushed taco chips and bake at 350° for 20 minutes or until cheese is bubbly. (Serves 6).
- For **Corny Corn Bread**, add 1 can Corn & Peppers (drained) to 1 large package corn bread mix prepared to manufacturer's directions. For variety, add shredded Cheddar cheese, and chili pepper to taste.

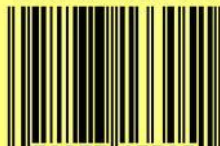
For a **FREE RECIPE BOOKLET PLUS COUPON** using Kuner's Southwestern products, send proof of purchase and a stamped self-addressed envelope to our Consumer Affairs Department.

We are very interested in any comments from our customers. When writing to us, please include the code on the can end.

**INGREDIENTS:** CORN, WATER, RED & GREEN PEPPERS, SALT.

**DISTRIBUTED BY:**  
KUNER-EMPSON  
DIV. OF FARIBAULT FOODS, INC.  
128 NW 15TH STREET  
FARIBAULT, MN 55021-3037  
[www.faribaultfoods.com](http://www.faribaultfoods.com)

KUNER'S PROOF OF PURCHASE  
15 OZ SOUTHWESTERN CORN 'N PEPPERS



#### Nutrition Facts

Serv. Size 1/2 cup (125g)  
Servings About 3

#### Amount Per Serving

Calories 70    Fat Cal. 10

% DV\*

Total Fat 1g    2%

Sat. Fat 0g    0%

Trans Fat 0g

Cholest. 0mg    0%

Sodium 310mg    13%

Total Carb. 12g    4%

Fiber 2g    8%

Sugars 4g

Protein 1g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0%

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.